



Navy Environmental Health Center  
Directorate of Population Health  
Sexual Health and Responsibility Program (SHARP)



**SHARP Stakeholders' Summary Report - FY 03**  
SHARP Accomplishments and Progress, October 2002 - September 2003

**Prevention Training**

A total of 925 SHARP courses were completed and 4630 continuing education credits were offered in FY03. Some details:

Developed a 5-hour classroom course, "Sexual Partner Counseling and Referral – Information for Navy Health Care Providers" (PCRS), based on the self-study version fielded by SHARP last year. The course teaches health care professionals to help patients bring their sexual partners to treatment. The course is Navy CANTRAC listed and approved for CME. The classroom version was completed by 161 students, and the self-study version was completed by 111 students.

Partnered with the Naval School of Health Sciences (NSHS), San Diego for the inclusion of SHARP "PCRS" course as *required training* for all Preventive Medicine Technician (PMT) students (as of Jan 03) and all Surface Force Independent Duty Corpsmen (SFIDC) students (as of Aug 03). Also, the SHARP course HIV-STD Prevention Counseling became *required training* for SFIDCs as of August 2003, as it has been for PMTs since May 2000. SHARP trained 125 SFIDC and PMT students in FY03. SHARP also trained 4 instructors at the NSHS to prepare them to deliver future iterations themselves.

Trained 79 Navy medical personnel in HIV-STD prevention counseling skills at Roosevelt Roads, New Orleans, Great Lakes, and Portsmouth, VA.

Trained 45 new Navy health care providers in sexual risk assessment skills at the Surface Warfare Medical Officer Indoctrination Courses (SWMOIC) at San Diego CA and Portsmouth VA.

Lectured 25 Navy health care providers regarding sexual risk assessment skills at the AMSUS annual meeting in Louisville, KY.

Managed four SHARP-developed self-study self courses which were completed by 465 Navy medical personnel.

Sponsored and organized *American Red Cross HIV Instructor Certification* training for 12 Navy medical professionals at Camp Pendleton, CA.

Partnered with the 4 Navy Environmental and Preventive Medicine Units (NEPMU) in Norfolk, San Diego, Pearl Harbor and Sigonella Italy on a plan to add the 2 SHARP classroom courses to NEPMU training offerings for FY04.

Expanded continuing education credit approval of SHARP courses for PMTs and Environmental Health Officers through the National Environmental Health Association, certified health education specialists through the National Center for Health Education Credentialing, and IDCs and physicians through the Navy Medical Education and Training Command.

### **Prevention and Education Products**

Collaborated with the Navy Center for Personal Development to produce two Navy training films. One film, *Charting a Safe Course for Sexual Responsibility*, will be used for Navy-wide General Military Training. The second film will be used to train Navy medical professionals in prevention counseling and sexual partner counseling and referral.

Developed and distributed a new compact disk *SHARP Toolbox 2003* containing health promotion and disease prevention resources.

Published and electronically distributed 20 issues of newsletters *SHARPNews* and *SHARPNews Notes* to 603 health educators, preventive medicine professionals, and volunteer SHARP instructors.

Integrated the *Voluntary Sexual Health Criteria for Navy MTFs* into the criteria for the *NEHC Excellence in Command Health Promotion Award*. These criteria enable medical treatment facilities and operations to self-measure and monitor their STD and unplanned pregnancy prevention practices and outcomes, and benchmark with *Healthy People 2010* objectives.

### **Consultation and Policy Development**

Collaborated with the Naval Recruit Training Center to establish a new 2-hour sexual health intervention for all recruits just prior to their graduation from boot camp.

Established a funded billet at NEHC for an HIV positive Sailor who will serve as a peer educator in SHARP education endeavors.

Staffed a complete revision of BUMEDINST 6222.10, Prevention and Management of STDs, which outlines a comprehensive DoN strategy.

Secured BUMED JAG approval of a statement clarifying “confidentiality” as it regards health care for STIs, and submitted a comprehensive discussion paper on the topic for publication in the *Navy Medical Surveillance Report*.

Developed a mechanism for supervisors to validate the skills of IDCs and PMTs providing sexual partner counseling and referral services.

Developed and gained IRB approval of a study to evaluate the effectiveness of SHARP lecture *Sexual Risk Behavior Assessment and Intervention in an Outpatient Setting*.

Authored an article in the *Navy Medical Surveillance Report* on HIV among active duty Sailors and Marines, and an article on recommended sexual health objectives for Navy medical treatment facilities.

Provided revised text on sexual health for the Navy *General Medical Officer Manual*.

Coordinated with the BUMED Chief of Chaplains to produce and publish a fully-scripted PowerPoint lecture on sexual health for use by chaplains. Now available on the SHARP website and *SHARP Toolbox* compact disk.

Developed and fielded an on-line survey for SHARP customers.

Provided Chairmanship of the DoD Sexually Transmitted Disease Prevention Committee (STDPC), and leadership of its health promotion/education subcommittee. Also, SHARP established and maintains a website for the DOD STDPC.

Member of the CDC-sponsored consultation team for the development of the Sexual Behavior chapter of the *Guide to Community Preventive Services*.

Served as Federal Liaison for the Institute of Medicine Liaison Panel to the Committee on Assuring the Health of the Public in the 21<sup>st</sup> Century, partnering with representatives from other federal, state, and local agencies including CDC, NIH, and HRSA, with the overarching goal to describe a new, more inclusive framework for assuring population-level health that can be effectively communicated to and acted upon by diverse communities.

Served as Federal Liaison for the Centers for Disease Control and Prevention's Task Force on Community Preventive Services. The Guide to Community Preventive Services, a product of the Task Force, will provide a comprehensive set of evidence-based recommendations for health officials to strengthen the nation's capacity to meet the *Healthy People 2010* Objectives.

### **Collateral Duties**

Provided full-time health promotion consultation to the Navy Center for Personal Development.

Provided Chairmanship of the NEHC Marketing Team.

Provided leadership for the NEHC Health Promotion Web Redesign Team.

## **FY 2004 Plans and Targets**

Develop a new, brief, unplanned pregnancy prevention intervention.

Partner with Navy HIV Evaluation and Treatment Centers to improve “prevention with positives”.

Enable and support NEPMUs to offer SHARP classroom courses in prevention counseling and partner referral.

Increase the capacity for NSHS San Diego to conduct SHARP courses for their students.

Continue to push for publication of updated BUMEDINST 6222.10 – “STD Prevention and Management”.

Advocate update of SECNAVINST 5300.30C – “HIV”.

Recruit and train a SHARP Peer Educator (full-time at NEHC).

Publish detailed data on HIV seroconversion among active duty Sailors and Marines in 2002.

Complete an evaluation of the “sexual risk assessment” health care provider lecture.

Conduct training for all SURFLANT and SURFPAC health care providers in sexual risk assessment.

Support the new Center for Personal Development regarding sexual health education of Sailors.

Continue advocacy of a DoN “confidentiality” policy statement (i.e. in the MANMED).

Increase PMT/IDC skills verification by supervisors regarding prevention counseling and PCRS skills.

Increase MTF use of SHARP voluntary sexual health performance criteria.

Continue to offer SHARP training to Navy medical professionals at Navy MTFs.

Continue to offer risk assessment training for new Navy medical officers at SWMIOC and expand to include new Navy flight surgeons